

WOODSTOCK

**WOODSTOCK
SUMMER
CAMP**



CAMP



**Recreation
Woodstock**

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HIGH FIVE®



COMMITTED TO SAFE, FUN, & QUALITY PROGRAMS!

At the City of Woodstock, we believe that every child deserves a safe, supportive, and FUN camp experience. That is why all our summer camp programs are guided by HIGH FIVE®, Canada's only recognized quality assurance framework for children's recreation and sport programs. HIGH FIVE® is built on decades of research into child development and program quality, and is used by organizations across the country to ensure children thrive in their recreational and sport experiences.

We're proud to share that the City of Woodstock is a **HIGH FIVE® Accredited Organization**, a designation that represents the highest standard of excellence in children's recreation and sport programming.

PRINCIPLES OF HEALTHY CHILD DEVELOPMENT

HIGH FIVE® is based on five essential principles that form the foundation of all our camp programming:

1. **Caring Leader** – Every child needs a trusted leader who listens, encourages, and supports them.
2. **Play** – Play is vital for creativity, problem-solving, and emotional growth.
3. **Friends** – Social connection helps children build empathy and confidence.
4. **Mastery** – Children feel empowered when they learn new skills and overcome challenges.
5. **Participation** – Giving children a voice in their experience fosters independence and engagement.

To learn more about HIGH FIVE® visit www.highfive.org.

OUR CAMPS



Get Out, Get Active, and Be Healthy

OUR PROGRAMS

Welcome to Woodstock Recreation Summer Camps! We are excited to offer a vibrant and diverse lineup of camp programs designed to keep kids aged **4-12 years** active, engaged, and inspired all summer long. From high-energy sports and creative arts to hands-on STEM activities, there's something for every child to enjoy. This handbook is your guide to everything you need to know to ensure a safe, fun, and memorable camp experience for your family.



OUR STAFF

Our camp team is made up of professionally trained secondary, post-secondary, and graduate students who are passionate about creating safe, fun, and enriching experiences for kids. **Staff are certified in HIGH FIVE®—Principles of Healthy Child Development, Standard First Aid and CPR-C, Safeguard, Behaviour Management** and receive thorough training in emergency preparedness, WHMIS, and health and safety protocols. Each camp location is supported by the Camp Supervisor, Team Leads, Camp Leaders, Inclusion Facilitators, and trained volunteers.



PROGRAM DETAILS

Woodstock Recreation Summer Camps operate across **four unique locations**.

Each site offers a variety of programming tailored to different interests and age groups. Please check your child's schedule on PerfectMind to confirm the location you've registered for.

Camp programming runs from **9:00 AM to 4:30 PM**. **Drop-off is available between 7:30–8:45 AM, and pick-up is between 4:30–5:30 PM**. Please note, a late pick-up fee will apply if your child is not picked up by 5:30 PM.

CAMP LOCATIONS

Cowan Park Sportsplex: 895 Ridgewood Drive - side entrance located near Reeves Courts/Gymnasium

Southside Park: 219 Victoria St. South - Cricket Club Building

Reeves Community Complex: 381 Finkle St. - Goff Hall entrance

Cowan Fields: 1459 Devonshire Avenue, Pavilion - Cowan Fields can be accessed via the Devonshire Avenue parking lot, or the parking lot located at the end of Bristol St. near Notre-Dame school.



SAFE ARRIVAL

Please allow 10–15 minutes for drop-off every morning, as it can be busy during peak times. Before care is included in your camp registration, and **campers can be dropped off between 7:30 and 8:45 AM**. At drop-off, look for our camp leaders in yellow shirts - they will assist with signing in your camper and can answer any questions you may have.

Parents and guardians are asked to say see ya later at the sign-in table and **are not permitted** inside the building or camp play areas. If you are arriving after 9:00 AM, please notify your site's Team Lead in advance, as many groups leave the premises for activities or trips shortly after 9:00.

LATE ARRIVALS

We understand that mornings can be busy, and if you're unable to arrive during the scheduled drop-off window of **7:30–8:45 AM**, that is okay! Please call your site's Team Lead with your expected arrival time so they can provide any necessary instructions.

On Thursdays, unless otherwise noted, our camps have off-site trips, and buses often depart as early as 8:45 a.m. **To avoid missing the bus, drop-off before 8:45 AM is required on trip days.**



SAFE DISMISSAL

Camp sign-out takes place between **4:30 and 5:30 PM**. If you need to pick up your child earlier, please notify your site's Team Lead in advance so they can ensure your camper is ready and provide an alternative address if the group is off-site.

Only individuals listed in your child's **authorized pick-up list will be permitted to sign them out**, and **photo identification is required every day**. Without valid ID, staff **will not release your child under any circumstances**.

AUTHORIZED PICK-UP'S

All campers must have a **completed profile in PerfectMind** before their first day of camp. Within this profile, parents or guardians must list the full names of all individuals authorized to pick up their child.

If someone arrives who is not listed, they will not be permitted to sign the child out. This process is in place to ensure the safety and security of all campers.



PREPARING FOR CAMP

WHAT TO BRING

Campers should come prepared each day with everything they need for a full day of active, outdoor, and off-site programming. A backpack is strongly encouraged to help keep belongings organized and easy to carry.

Campers must bring a **swimsuit and towel daily**, along with a **bag for wet clothes, sunscreen, a hat, closed-toe shoes, and a nut-free lunch** with snacks and a **refillable water bottle**. Younger campers are encouraged to pack an **extra change of clothes** in case of spills or accidents.

Please label all items clearly, as campers are responsible for keeping track of their belongings throughout the day.

MONEY & VALUABLES

We strongly discourage sending money and valuables with your child unless otherwise instructed by the Camp Site Supervisor for a specific activity. In most cases, lineups for purchases are long and can disrupt supervision ratios. If you have questions or concerns, please contact the Manager of Recreation & Camps directly.

Campers are also **not encouraged to bring electronics**. If brought, devices must remain stored in their backpack for the duration of the day unless used for communication purposes.

PACKING A LUNCH

While we strive to maintain a **nut-free camp environment**, we cannot guarantee it. Parents can support this effort by packing a nut-free lunch each day. Camp programs are active, outdoors, and often off-site for large portions of the day, so please pack a lunch that is **easy to eat and does not require heating**.

Additional snacks and a **refillable water bottle** are strongly encouraged. All camp facilities have water bottle refill stations, but access may be limited during trips or off-site activities.

LOST & FOUND

To help prevent lost items, we ask parents to **clearly label all of their child's belongings** whenever possible. Each camp site will have a designated Lost & Found table, which should be checked daily. If you notice your child is missing something, please reach out to your Camp Site Supervisor for assistance.

Items not claimed by the end of the summer will be donated.

SUNSCREEN

Sunscreen application and shade breaks are scheduled into daily program plans to help protect campers during outdoor activities. Campers are expected to apply their own sunscreen. If assistance is needed, they may ask a Camp Leader, who can assist with **spray sunscreen only**. Swim shirts are encouraged during outdoor water play for added sun protection. If a camper forgets their sunscreen, camp sunscreen will be provided.

If your child has any sunscreen allergies or sensitivities, please inform your site's Team Lead.

INDEPENDENT TRAVEL

Campers aged 10 and older are permitted to sign themselves out and walk home independently. To do so, a Camper Self Sign-Out Authorization Form must be completed and submitted on their first day of camp. Without this form, campers will not be allowed to leave on their own and must be signed out by an authorized adult with photo identification.

MISSED DAYS & ABSENCES

If you know your child will be absent from camp, please kindly inform your site's Team Lead. While we appreciate advance notice, **missed days and absences cannot be refunded or made up at a later date.** This policy helps us maintain consistent staffing and programming for all participants.

CANCELLATIONS & REFUNDS

If you choose to withdraw your child from camp programming, notice must be provided at least **five business days before the program start date to be eligible for a full refund.** Withdrawals made with **less than five days' notice are not eligible for a refund or credit, unless a valid medical note is provided.** Please note that all full refunds may be subject to a \$25 administrative fee per participant, per program. To request a withdrawal, please send us an email. Full details can be found in our Refund Policy.

Refund requests must be sent to refundrequest@cityofwoodstock.ca and will be forwarded to the coordinating department. The email account is monitored by the recreation department of the City of Woodstock.



EMERGENCY PROCEDURES

The safety and well-being of all campers is our top priority. Camp staff are trained to identify and eliminate potential hazards to prevent accidents, and all activities are carefully planned with safety in mind. Lesson plans are reviewed by a supervisor to ensure a balanced, safe, and engaging day. Camp locations are thoroughly screened before children arrive, and campers are under constant supervision throughout the day. All staff have access to first aid kits and Emergency Medical Services (EMS), both onsite and offsite.

In the event of a serious injury, EMS and the child's parent or guardian will be contacted immediately. If ambulance transport is required, a staff member will accompany the child to the hospital and remain with them until an authorized caregiver arrives.

MEDICATION

All camper allergies and medical conditions must be clearly noted in your child's PerfectMind profile prior to their first day of camp. If your child carries an **EpiPen**, please ensure this is **indicated in their profile**. For safety and visibility, your camper's EpiPen bag will be tagged with an emergency band at the start of the week. Please ensure this tag remains on the bag for the entire week, as it helps staff quickly identify camper belongings in the case of an emergency.

The City of Woodstock Recreation Camp staff are not permitted to physically administer prescription or non-prescription medications to campers, except in emergencies such as the use of an EpiPen. If your child requires medication during camp hours, a Camper Medication Record & Authorization Form must be completed and signed by a parent or guardian on the first day of camp. All medications must be provided in their **original containers, clearly labeled with the camper's name and exact dosage instructions**.

Administration of medication provided by authorized and trained staff may include cueing (such as placing the medication in the camper's hand or offering verbal or visual prompts), providing reminders at scheduled times, and administering medications in emergencies (such as with an EpiPen).

PROGRAM READINESS

To ensure a safe, inclusive, and positive experience for all participants, campers must be “camp ready” before attending. This means they are **able to follow instructions from camp staff, engage in activities in a way that is safe for themselves and others, and participate meaningfully in the camp environment according to their individual abilities**. Campers must also be able to use the washroom independently, unless they have 1:1 support in place. These readiness guidelines help us create a supportive and enjoyable camp experience for everyone.

BEHAVIOURAL EXPECTATIONS

Creating a safe, respectful, and inclusive camp environment is our top priority. Campers are **expected to follow staff instructions, treat others kindly, and participate positively in all activities**. We use a progressive discipline approach to address behavioural concerns, starting with verbal redirection and escalating to parent contact, suspension, or dismissal if necessary. Camp Leaders manage initial interventions, Team Leads provide additional support and communication with families, and the Supervisor and/or Manager oversee formal responses. All incidents are documented and reviewed to ensure fair and consistent action.

Please note that if a camper is suspended or dismissed due to behaviour, a credit or refund is not available. If you feel your child may benefit from additional behavioural support, we encourage you to contact the Camp Supervisor before summer begins so appropriate accommodations can be arranged.

BEHAVIOUR REPORTING

Our camp team is committed to creating a safe, respectful, and inclusive environment for all participants. To support this, we follow a structured behaviour policy with three levels of discipline (Level 1, 2, 3) based on the severity of the behaviour. Staff use positive guidance and redirection strategies first, but if behaviours persist or escalate, a Behaviour Incident Form will be completed and sent home. This form outlines the incident and must be reviewed by the parent/guardian. For more serious incidents, an Incident Report may also be filed, and parents/guardians will be contacted directly by a Team Lead or Camp Supervisor. Repeated or severe behaviours may result in suspension or removal from the program. This process ensures transparency, consistency, and a safe experience for all campers.

- Level 1
- Level 2
- Level 3

Woodstock Recreation Camps Behaviour Incident Form

This form has been completed by camp staff who witnessed or addressed the behaviour. A copy is provided for parent/guardian and camper review. Forms will be kept on file.

Childs Full Name: _____

Camp Program Name: _____

Location of Incident: _____

Time of Incident: _____

Problem Behaviour	Activity/Setting	
<ul style="list-style-type: none"> <input type="radio"/> Disrespectful language or tone <input type="radio"/> Not following instructions <input type="radio"/> Breaking objects <input type="radio"/> Other: 	<ul style="list-style-type: none"> <input type="radio"/> Unsafe behaviour (i.e. running away, rough play) <input type="radio"/> Physical aggression <input type="radio"/> Verbal aggression 	<ul style="list-style-type: none"> <input type="radio"/> Indoor Activity <input type="radio"/> Outdoor Activity <input type="radio"/> Field Trip <input type="radio"/> Sign-in/out <input type="radio"/> Other:
Others Involved		
<ul style="list-style-type: none"> <input type="radio"/> Family Member <input type="radio"/> Camp Leader <input type="radio"/> Team Lead <input type="radio"/> Other: 	<ul style="list-style-type: none"> <input type="radio"/> Other Camper <input type="radio"/> Member of Public <input type="radio"/> Volunteer 	Staff Response <ul style="list-style-type: none"> <input type="radio"/> Verbal reminder (3+) <input type="radio"/> Redirection <input type="radio"/> Removal from activity <input type="radio"/> Other:
Possible Motivation		
<ul style="list-style-type: none"> <input type="radio"/> Obtain desired item or activity <input type="radio"/> Attention <input type="radio"/> Gain peer attention <input type="radio"/> Other: 	<ul style="list-style-type: none"> <input type="radio"/> Avoid task <input type="radio"/> Avoid Sensory <input type="radio"/> Obtain Sensory <input type="radio"/> Don't Know 	Next Steps <ul style="list-style-type: none"> <input type="radio"/> Talk with child <input type="radio"/> Contact family <input type="radio"/> Transfer to another program <input type="radio"/> Group intervention <input type="radio"/> Other:
<ul style="list-style-type: none"> <input type="radio"/> Sent home for remainder of day <input type="radio"/> Sent home for 1 or more days <input type="radio"/> Dismissal from program 		

SUPPORT & ACCOMODATION

We believe every child deserves the opportunity to participate, grow, and thrive in a safe and inclusive environment. **The Support and Accommodation Program is designed for participants with physical, cognitive, or behavioural exceptionalities who require additional assistance or program modifications to fully engage in camp activities.** To qualify, your child must receive EA (Educational Assistant) support at school and have a documented exceptional need.

This program offers 1:1 or 1:2 support, depending on individual needs. Participants are integrated into the camp programming and are supported by our trained Inclusion Facilitators. These staff members receive specialised training in behaviour management strategies, toileting and diapering assistance, and inclusive programming techniques.

By registering for the Support and Accommodation Program, you are submitting an application. After registration, families will be contacted to complete intake forms and scheduled for an interview with the Camp Manager and Supervisor. This process helps us understand each participant's unique needs and determines how we can best support them throughout their camp experience.

If, after the intake and interview process, it is determined that your child is not eligible for the Support and Accommodation Program, they may be transferred into group programming if space is available. We will work with families to explore the best available options to ensure a positive camp experience.

FINANCIAL ASSISTANCE

We believe every child should have the opportunity to participate in camp, regardless of financial circumstances. Families may be eligible for support through the Fee Assistance in Recreation (FAIR) program, which helps City of Woodstock residents living in low income access recreation and leisure activities provided by the City.

Additionally, the Canadian Tire Jumpstart program provides funding for children ages 4–18 to participate in physical activity-based programs, including camps. Eligibility for both programs is based on family income and program requirements.

For more information and to apply, please visit our website.

CAMP TRIPS

Campers will participate in both in-town and out-of-town excursions each week as part of their camp experience. The most up-to-date trip information can be found on our camp website. Campers are expected to attend the trip scheduled for their group and may not switch groups unless there is a medical or physical reason. **Occasionally, trips may be changed or cancelled due to weather or other unforeseen circumstances—any updates will be communicated via email.** If your child will not be attending on a trip day, please inform the Camp Supervisor in advance. Some trips require waivers, which will be available at the sign-in table. Camp staff are not authorized to sign waivers on behalf of campers; these must be completed by a parent or legal guardian.

Please note that some camps may not attend trips due to the nature of their programming and scheduled instruction - refer to the Week at a Glance for specific details.





SWIMMING

Water activities are a fun and important part of our camp programming. Campers in **Kinders and Tykes will enjoy splash pads around the city**, while **campers in other age groups will swim 1–2 times per week at Southside Aquatic Centre**. All campers may participate in additional water activities on non-swim days so please **pack a swimsuit and towel daily**. All camps follow the pool's admission standards, including deep-end access and leader-to-child supervision ratios. Campers aged 6 and up may swim in the shallow end, and those who pass the swim test will be permitted in the deep end. If a camper does not feel comfortable swimming, they will remain on the pool deck with a quiet activity of their choice.

Some specialty camps, such as Swim Camp, may swim daily, while others like Hockey & Skate Camp may not swim due to instructional schedules. For specific swim days and water activity details, please check the Week at a Glance board each Monday morning.

2026 THEME WEEKS

WEEK 1 - FIFA CUP QUEST

Lace up your cleats and chase the championship! Campers will train like pros, represent their countries, and compete in fun matches. It's a week of teamwork, trophies, and total soccer excitement.

WEEK 2- ERAS & ENDZONES

Calling all Swifties and sports fans. This week is where music, sparkles, and sports collide! Campers will dance, sing, and create their own eras, then hit the field for fun sports games and challenges.

WEEK 3 - MINECRAFT BUILDERS & BEYOND

Grab your pickaxe and imagination! In this action-packed week, campers team up to design, build, and explore. From challenges to survival adventures, every day brings a new quest to craft, collaborate, and conquer.

WEEK 4 - FROST & FLIP FLOPS

Celebrate the magic of the holiday season with sun, sand, and smiles. From creating beachy holiday crafts to winter games in the sand, it's a week full of festive fun, imagination, and holiday cheer (with a sunny twist)!

WEEK 5 - 'ROUND THE WORLD

Pack your passport for a week of global fun. Campers will explore different continents and dive into diverse cultures through games, music, dance, and crafts. From colourful festivals to tasty traditions, this week will be a celebration of culture, creativity, and curiosity.

WEEK 6 - WACKY WATER CARNIVAL

Step right up for a week of colourful fun, water relays, and excitement! Campers will enjoy games, creative crafts, music, and challenges inspired by the magic of carnivals - with a wacky water twist!

WEEK 7 - WOODSTOCK 125

Celebrate 125 years of community spirit in Woodstock! Campers will unleash their inner superheroes through fun challenges, teamwork missions, and skill-building activities. Along the way, they'll meet inspiring local heroes and discover how everyday acts of courage and kindness have helped shape our city's story.

WEEK 8 - TIME TRAVELLER'S: ADVENTURES THROUGH THE AGES

Travel through time in this epic adventure. From battling dragons in medieval lands, dancing through the 80's, digging up dinosaurs, and exploring the future, each day is a new era of fun and discovery.

WEEK 9 - NATURE QUEST

Embark on a wild adventure through forests, fields, and streams! Campers will explore the wonders of the natural world through scavenger hunts, outdoor games, nature crafts, and eco-experiments.

WEEK 10 - SUMMER REWIND

Take a trip down memory lane. Campers will relive their FAV games, crafts, songs, and trips from previous summers- bringing back all the fun memories with fresh twists.

OUR PROGRAMS

Kinders (Ages 4-5): This recreational-style day camp offers a fun mix of outdoor adventures (weather permitting), creative arts & crafts, and a variety of active and quiet games. Campers will enjoy water play and visits to local splash pads, traveling by city transit with our experienced camp staff. They will also head out on a field trip to an exciting destination in or outside the city—let the adventure begin! Before & After Care is included. Full trip and theme week details at www.recreationwoodstock.ca/camps

Tykes (Ages 6-7): This recreational-style day camp offers a fun mix of outdoor adventures (weather permitting), creative arts & crafts, and a variety of active and quiet games. Campers will enjoy water play and visits to local splash pads, traveling by city transit with our experienced camp staff. They will also head out on a field trip to an exciting destination in or outside the city—let the adventure begin! Before & After Care is included. Full trip and theme week details at www.recreationwoodstock.ca/camps

Juniors (Ages 8-9): This recreational-style day camp offers a mix of outdoor adventures (weather permitting), creative arts & crafts, and a variety of active and quiet games. Campers will swim twice a week at Southside Aquatic Centre, traveling by city transit with our experienced camp staff. Plus, they'll head out on a field trip to an exciting destination in or outside the city—let the adventure begin! Before & After Care is included. Full trip and theme week details at www.recreationwoodstock.ca/camps

Seniors (Ages 10-12): This recreational-style day camp offers a mix of outdoor adventures (weather permitting), creative arts & crafts, and a variety of active and quiet games. Campers will swim twice a week at Southside Aquatic Centre, traveling by city transit with our experienced camp staff. Plus, they'll head out on a field trip to an exciting destination in or outside the city—let the adventure begin! Before & After Care is included. Full trip and theme week details at www.recreationwoodstock.ca/camps

OUR PROGRAMS

Ultimate Sports Junior (Ages 6-8): Calling all sports fans! This high-energy camp is perfect for kids who love sports and staying active. Campers will enjoy outdoor recreation and a wide variety of sport-based activities. They'll also head out on a field trip to an exciting destination in or outside the city. Campers will swim twice a week at Southside Aquatic Centre, traveling by city transit with our experienced camp staff. Before & After Care is included. Full trip and theme week details at www.recreationwoodstock.ca/camps

Ultimate Sports Senior (Ages 9-12): Calling all sports fans! This high-energy camp is perfect for kids who love sports and staying active. Campers will enjoy outdoor recreation and a wide variety of sport-based activities. They'll also head out on a field trip to an exciting destination in or outside the city. Campers will swim twice a week at Southside Aquatic Centre, traveling by city transit with our experienced camp staff. Before & After Care is included. Full trip and theme week details at www.recreationwoodstock.ca/camps

Racquets & Paddles (Ages 8-12): Game, set, match! This exciting NEW camp is perfect for kids who love to stay active and try new sports. Campers will learn and play a variety of racquet sports like tennis, pickleball, and badminton at local parks. They'll also head out on a field trip to an exciting destination in or outside the city. Campers will swim twice a week at Southside Aquatic Centre, traveling by city transit with our experienced camp staff. Before & After Care is included. Theme week details and trip schedules will be available online at www.cityofwoodstock.ca/camps

Cycle Camp PRO (Ages 8-12): Ready to ride? PRO Cycle Camp is for kids aged 8-12 who love biking and want to take it further! Campers will explore local trails and parks on daily 10-15 km rides, learn road and trail safety, and pick up basic bike maintenance skills—all while enjoying the outdoors. Campers will also swim 2-3 times a week and travel by city transit with staff. They'll also head out on a field trip to an exciting destination in or outside the city. Bring your bike and helmet, and get ready to roll with our camp staff and volunteers. Before & After Care is included. Full trip and theme week details at www.recreationwoodstock.ca/camps

OUR PROGRAMS

Cycle Camp BEGINNER (Ages 7-9): New to longer rides? Cycle Camp Beginner is for you! Perfect for kids who already enjoy biking and want to build confidence on the trails. Campers will go on daily 5-10 km rides, learn road and trail safety, and build their bike riding skills. Campers will swim 2-3 times a week and travel by city transit with staff. They'll also head out on a field trip to an exciting destination in or outside the city. Bring your bike and helmet, and get ready to roll with our camp staff and volunteers. Before & After Care is included. Full trip and theme week details at www.recreationwoodstock.ca/camps

ACTIVATE (Ages 8-12): Activate your child's ABCs—Agility, Balance & Coordination! This high-energy camp is perfect for kids who love to climb, jump, and move! Campers will visit a rock climbing venue and trampoline park during the week, swim 2-3 times, and travel by city transit with camp staff. Before & After Care is included. Full details at www.cityofwoodstock.ca/camps.

Summer Sport & Skating Junior (Ages 4-7): Skate into summer fun! Campers enjoy daily on-ice instruction with a professional skating coach, plus classic camp activities like outdoor games, sports, crafts, and creative play. Whether your child is new to skating or building on their skills, this camp offers a fun and supportive environment to grow. Swimming may be included depending on the skating schedule. No out-of-town trips. Skates and helmets are available at no extra cost. Before & After Care is included. For more information about our camps, visit www.recreationwoodstock.ca/camps.

Summer Sport & Skating Senior (Ages 4-8-12): Skate into summer fun! Campers enjoy daily on-ice instruction with a professional skating coach, plus classic camp activities like outdoor games, sports, crafts, and creative play. Whether your child is new to skating or building on their skills, this camp offers a fun and supportive environment to grow. Swimming may be included depending on the skating schedule. No out-of-town trips. Skates and helmets are available at no extra cost. Before & After Care is included. For more information about our camps, visit www.recreationwoodstock.ca/camps.

OUR PROGRAMS

Pre-Season Conditioning Hockey Camp Junior (Ages 7-9): Train like a pro this summer! Led by a retired professional hockey player, this high-energy camp includes daily on-ice instruction and dryland training to sharpen puck control, shooting, stickhandling, and power skating. Off the ice, campers enjoy classic camp fun with games, sports, and outdoor play. Full hockey gear and beginner-level experience are required. Swimming may be included based on the training schedule. No out-of-town trips. Before & After Care is included. For more information about our camps, visit www.recreationwoodstock.ca/camps.

Pre-Season Conditioning Hockey Camp Senior (Ages 10-12): Train like a pro this summer! Led by a retired professional hockey player, this high-energy camp includes daily on-ice instruction and dryland training to sharpen puck control, shooting, stickhandling, and power skating. Off the ice, campers enjoy classic camp fun with games, sports, and outdoor play. Full hockey gear and beginner-level experience are required. Swimming may be included based on the training schedule. No out-of-town trips. Before & After Care is included. For more information about our camps, visit www.recreationwoodstock.ca/camps.

Summer Sport & Learn to Swim Camp (Ages 6-9): Swim, play, and learn—all in one camp! This unique program combines full-day care with four swim lessons per week, plus two leisure swim sessions to practice new skills. When not in the pool, campers stay active with a variety of sports and games. They'll also enjoy one out-of-town trip each week and travel by city transit with camp staff. Before & After Care is included. For more information about our camps, visit www.recreationwoodstock.ca/camps.

Summer Sport & Bronze Star Camp (Ages 9-12): Do you have a child who is interested in taking the plunge into their first certification towards becoming a lifeguard? Throughout the week of camp, participants will undergo their Bronze Star certification alongside Life Saving Society instructors and camp staff. They will complete the necessary skills and drills required, including problem-solving and decision-making skills, individually and in partners. Participants learn CPR and develop lifesaving skills. A timed swim of 400m will be completed on the last day of camp. A valid green card will be required before the 1st day of camp. For more information about our camps, visit www.recreationwoodstock.ca/camps.

OUR PROGRAMS

Little Picasso Art & Swim (Ages 6-9): Love to paint, sculpt, and get a little messy? This art-based camp is perfect for young creators who want to explore their imagination through hands-on projects. Campers will travel on city transit with staff to attend art lessons at the Woodstock Art Gallery twice a week, and Southside Aquatic Centre for camp swim twice a week. Before & After Care is included.

DIY Camp (Ages 6-9): Got a creative spark? DIY Camp is where imagination comes to life! Perfect for campers who love to design, build, and express themselves through hands-on projects. Each day is filled with arts-based activities that let kids explore their creativity in fun and unique ways. Campers will also enjoy a weekly off-site trip, swim 2-3 times a week, and travel by city transit with staff. Before & After Care is included. Full trip and theme week details at www.recreationwoodstock.ca/camps.

Pack & Go (Ages 8-12): This action-packed program is perfect for kids who love to explore. Each day begins on-site before heading out for exciting local or out-of-town excursions. From thrilling attractions to fun-filled activities, every day is a new adventure! Trip schedules will be available online at www.cityofwoodstock.ca/camps

Explore The Outdoors (Ages 8-12): Do you love to explore, hike, and enjoy the outdoors? This action-packed camp has all of this and more! Join us as we travel throughout Woodstock, walking and embracing our local trails and parks. Learn about history, trail safety, navigation, and more. Participants will spend the morning travelling and exploring, and the afternoon either in the pool at Southside Aquatic Centre or enjoying a local splash pad. Campers will also enjoy a weekly off-site trip. Before & After Care is included. Full trip and theme week details at www.recreationwoodstock.ca/camps.

Trail Tots (Ages 4-7): Calling all curious critter lovers and nature explorers! Trail Tots is the perfect camp for little adventurers who love bugs, dirt, and discovering the wonders of the outdoors. Each day, campers will explore Woodstock's trails and parks through nature walks, scavenger hunts, and hands-on activities that spark imagination and connection with the environment. Campers will also enjoy water play afternoons at local splash pads and a weekly off-site trip. Before & After Care is included. Full trip and theme week details at www.recreationwoodstock.ca/camps.

OUR PROGRAMS

STEM Lego WEDO (Ages 6-9): Build, code, and play all day! This hands-on camp blends creativity and tech for kids who love LEGO and learning. Campers will spend half the day building and coding with LEGO, and the rest enjoying games, crafts, water play, and swimming twice a week. Travel is by city transit with staff. Before & After Care is included. For more information about our camps, visit www.recreationwoodstock.ca/camps.

STEM Minecraft Coding (Ages 6-9): Code, build, and explore! This tech-focused camp introduces campers to a variety of robotics and Minecraft-based coding challenges. Each day features new technologies and hands-on activities that build skills in science, math, and computer science—all in a fun, interactive way. Campers also swim 2-3 times a week and travel by city transit with staff. Before & After Care is included. For more information about our camps, visit www.recreationwoodstock.ca/camps.

STEAM Sparks (Ages 6-9): Experiment, design, and discover! This STEAM-focused camp immerses campers into exciting hands-on activities from Wonder Box, including catapult launchers, self-inflating balloons, stretchy slime, and moving ramps. Each day sparks curiosity and problem-solving through science, technology, engineering, art, and math challenges. Campers will also enjoy a weekly off-site trip, swim 2 times a week, and travel by city transit with staff. Before & After Care is included. For more information about our camps and trips, visit www.recreationwoodstock.ca/camps.

Leader In Training Camp (Ages 13-15): This two-week leadership camp blends training and hands-on experience. In week one, participants earn three certifications: Standard First Aid with CPR-C, HIGH FIVE® Principles of Healthy Child Development, and Safeguard: Aquatic Safety. In week two, they'll choose a week to volunteer at a City of Woodstock camp, shadowing a camp leader and gaining hands-on experience—plus earning 40 community service hours. Swimming and out-of-town trips may be included based on group placement. For more information about our camps, visit www.recreationwoodstock.ca/camps.